

# Affirmations



*I am strong*



*I am smart*



*I am curious*



*I am loved and I love others*



*I am brave*



*I am adventurous*



*I keep an open mind*



*I am right where I am meant to be*



*I am kind*



*I will conquer today*



*I am forgiving*



# Affirmations

*I am at peace with myself*

*I can make a big impact*

*I create my own happiness*

*I am creative*

*I believe in myself*

*I am fearless*

*I nourish my body and soul*

*I make mistakes and I grow*

*I am not afraid to fail*

*I am not afraid to apologize*

*I am gentle to all things*



# Affirmations

*I am grateful*

*I am special*

*I am present*

*I welcome new opportunities*

*I am luminous*

*I trust*

*I am confident*

*I have faith*

*I am whole*

*I radiate energy and health*

*I listen intently*



# Affirmations

*I am energetic*

*I am calm and open*

*My spirit, mind, and body heal*

*I am decisive*

*I am not alone*

*I am intuitive and wise*

*I am tough*

*I am patient*

*I am generous*

*I am courageous*

*I am fulfilled*

