

When to worry about a fever:

The average body temperature is 98.6*. This can fluctuate during the day.

The most accurate reading is first thing in the morning.

A "fever" is when the temperature is 100.4* and more.

- Your child is under 3 months old.
- The fever has lasted MORE than 5 days.
- Your child is not acting like himself/herself: Not eating or drinking, not playing, difficult to rouse from sleep.
- Your infant is not wetting a diaper at least three times a day; this can be a sign of dehydration.
- Your toddler or older child is not urinating at least every 8 - 12 hours.
- Your child's temperature is 104°F and will not come down after fever reducing medication is taken such as acetaminophen or ibuprofen.
- Your child has received a vaccination recently and the fever is over 102°F or it has lasted over 24 hours.